

STEPPING STONES

24 to 36
MONTHS
MONTESSORI



TWO HAND GRASP: SPONGE SQUEEZING

MATERIALS:

- TWO MATCHING BOWLS
- 4 OZ OF WATER IN ONE PLASTIC BOWL (ON LEFT)
- SMALL SPONGE (SIZE TO FIT INTO THE BOWLS BEING USED)
- ONE TRAY
- ONE PLACEMAT

OBJECTIVES:

- DEVELOPMENT OF ORDER, CONCENTRATION, COORDINATION, AND INDEPENDENCE.
- DEVELOPMENT OF EYE-HAND COORDINATION.
- DEVELOPMENT OF FINE MOTOR SKILLS.
- DEVELOPMENT OF SELF-ESTEEM.
- DEVELOPMENT OF USING THE SPONGE.
- LANGUAGE: WATER, ABSORB, LEFT AND RIGHT, SPONGE; COLOR OF SPONGE; FEEL OF THE WATER

PRESENTATION:

1. CARRY THE MAT TO THE TABLE AND ROLL IT OUT MOVING FROM LEFT TO RIGHT.
2. CARRY THE TRAY WITH TWO HANDS TO THE TABLE.
3. PLACE THE TRAY IN THE CENTER OF THE TABLE WITH THE FULL BOWL ON THE LEFT.
4. INVITE THE CHILD TO SIT ON YOUR LEFT SIDE TO VIEW THE ACTIVITY.
5. SAY, "THIS IS THE SPONGE. I AM GOING TO SHOW YOU HOW TO SQUEEZE THE SPONGE TO RELEASE THE WATER WE WILL COLLECT FROM THE BOWL."
6. GRASP THE SPONGE WITH BOTH HANDS. LOWER THE SPONGE INTO THE BOWL ON THE LEFT.
7. WATCH THE SPONGE ABSORB THE WATER.
8. GRASP THE SPONGE WITH BOTH HANDS AND LIFT IT SLIGHTLY OVER THE BOWL. WAIT UNTIL THE DRIPPING STOPS.
9. MOVE YOUR HANDS OVER TO THE BOWL ON THE RIGHT.
10. SQUEEZE THE SPONGE WITH BOTH HANDS INTO THE BOWL.
11. CONTINUE THIS PROCESS WITH THE REMAINING WATER.
12. CHECK TRAY FOR SPILLED WATER. USE SPONGE TO WIPE THE TRAY.

We'd love to see photos of your at home learning! Tag us on Facebook and Instagram with hashtag #SkipwithAtHome

