

# **STEPPING STONES**

# **TRANSFER – SPOONING OBJECTS**

#### **MATERIALS:**

- TWO MATCHING BOWLS
- LARGE LIMA BEANS IN THE BOWL
  ON THE LEFT
- ONE TABLESPOON
- ONE TRAY
- ONE PLACEMAT

## **OBJECTIVES:**

- DEVELOPMENT OF ORDER, CONCENTRATION, COORDINATION, AND INDEPENDENCE.
- DEVELOPMENT OF EYE-HAND COORDINATION.
- DEVELOPMENT OF FINE MOTOR SKILLS.
- DEVELOPMENT OF SELF-ESTEEM.
- LANGUAGE:
  - 4. LIMA BEANS, COLOR OF BEANS, TRAY, TABLESPOON, AND BOWL/BOWLS.
  - 5. TRANSFER, SPOONING, EMPTY, AND FULL.
  - 6. DISCUSSION OF THE SHAPE, COLOR AND FEEL OF THE LIMA BEANS.

## **PRESENTATION:**

- 1. CARRY THE MAT TO THE TABLE AND ROLL IT OUT MOVING FROM LEFT TO RIGHT.
- 2. CARRY THE TRAY WITH TWO HANDS TO THE TABLE.
- 3. PLACE THE TRAY IN THE CENTER OF THE TABLE WITH THE BOWL HALF FULL OF LIMA BEANS ON THE LEFT.
- 4. INVITE THE CHILD TO SIT ON YOUR LEFT SIDE TO VIEW THE ACTIVITY.
- 5. SAY "THIS A TABLESPOON AND THESE ARE LIMA BEANS. I WILL SHOW YOU HOW TO TRANSFER OR MOVE THE LIMA BEANS FROM THE LEFT BOWL TO THE RIGHT BOWL USING THE TABLESPOON."
- 6. STEADY THE BOWL ON THE LEFT WITH YOUR LEFT HAND AND SCOOP UP SOME OF THE LIMA BEANS ONTO THE TABLESPOON.
- 7. GENTLY MOVE YOUR HAND TO THE CENTER OF THE BOWL ON THE RIGHT. TIP THE TABLESPOON TO RELEASE THE LIMA BEANS.
- 8. CONTINUE THE TRANSFER WITH THE REMAINING LIMA BEANS UNTIL THE BOWL IS EMPTY.
- 9. LOOK INTO THE LEFT BOWL AND NOTE THAT IT IS EMPTY.
- 10. RELEASE THE GRASP OF THE LEFT BOWL.
- 11. TRANSFER THE LIMA BEANS BACK TO THE ORIGINAL BOWL USING THE RIGHT HAD TO STEADY THE BOWL ON THE RIGHT AND SCOOPING THE BEANS WITH THE TABLESPOON BACK TO THE BOWL ON THE LEFT.
- 12. CHECK AROUND THE TRAY FOR ANY SPILLED BEANS. PICK-UP ANY BEANS USING THE THUMB AND MIDDLE FINGERS OF THE DOMINANT HAND AND RETURN THE BEANS TO THE BOWL ON THE LEFT.



