

# PRESCHOOL EXPLORERS

24 TO 36  
MONTHS  
TRADITIONAL

## CINNAMON PAINTING

### MATERIALS:

- CONSTRUCTION PAPER (OR OTHER THICK PAPER SUITABLE FOR PAINTING)
- PAINTBRUSHES OR SPONGES
- WASHABLE, NON-TOXIC PAINT (CHOOSE FALL COLORS IF POSSIBLE)
- CINNAMON

### OBJECTIVES:

- COLOR RECOGNITION
- ART EXPLORATION: PAINT AND PAINTING TOOLS
- CREATIVE EXPRESSION
- SENSORY EXPLORATION: SIGHT AND SMELL
- EXERCISE FINE MOTOR SKILLS

### INSTRUCTIONS:

- PREPARE WORKSPACE BY LAYING OUT PAPER AND PAINTBRUSHES, SPONGES, OR OTHER TOOLS USED FOR PAINTING
- PUT A LITTLE PAINT ON A PLATE, IN A CUP, OR OTHER DISH
- MIX IN ABOUT A TEASPOON OF CINNAMON. PAINT MAY THICKEN SLIGHTLY, AND THAT'S GREAT! IT WILL ADD TEXTURE AND DIMENSION TO THE PAINTING. IF YOU ARE USING A LOT OF PAINT, YOU CAN ADD MORE CINNAMON BUT BE SURE NOT TO LET THE PAINT GET TOO THICK THAT IT IS NOT SPREADABLE.
- ALLOW YOUR CHILD TO SMELL THE CINNAMON. EXPLAIN "WE ARE GOING TO PAINT WITH CINNAMON TODAY! DO YOU WANT TO SMELL IT? WHAT DOES IT SMELL LIKE? WHAT DOES IT REMIND YOU OF?"
- ALLOW YOUR CHILD TO PAINT THEIR PAPER FREELY. IF THEY ARE INTERESTED, YOU MAY EVEN WANT TO LET THEM FINGER PAINT AND EXPLORE THE TEXTURE OF THE PAINT WITH THEIR HANDS!
- ONCE PAINTING IS DRY, OFFER TO LET YOUR CHILD SMELL IT AGAIN. ASK THEM WHAT THEY SMELL – "WHAT DO YOU SMELL? DO YOU REMEMBER WHEN WE SMELLED CINNAMON EARLIER?"
- TALK ABOUT OTHER PLACES YOU MIGHT FIND CINNAMON, OR THINGS YOU CAN MAKE WITH CINNAMON. DO YOU HAVE ANY OTHER CINNAMON SCENTED OR FLAVORED THINGS AT HOME?

We'd love to see photos of your at home learning! Tag us on Facebook and Instagram with hashtag #SkipwithAtHome

